

South Hub

**South Locality Activities Timetable Summer Term
02 September to 20 December 2019**

Parkfield and Hyde Children's Centre/Childs Hill Children Centre/Bell Lane Children Centre
Timetable is correct at time of printing please contact the centre for up to date information

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Antenatal Clinic At Parkfield 9am – 3pm</p> <p>(Bookings 020 7794 0500 Ext: 36169)</p> | <p>Antenatal Clinic At Parkfield 9am – 3pm</p> <p>(Bookings: 020 7794 0500 Ext: 36169)</p> | <p>Antenatal Clinic At Parkfield 9am – 3pm</p> <p>(Bookings: 020 7794 0500 Ext: 36169)</p> | <p>Antenatal Clinic At Parkfield 9am – 3pm</p> <p>(Bookings: 020 7794 0500 Ext: 36169)</p> | <p>Antenatal Clinic At Parkfield 9am – 3pm</p> <p>(Bookings: 020 7794 0500 Ext: 36169)</p> |
| <p>Development Reviews Health Visitor Service At Bell Lane</p> <p>9.15am– 11.30am Appointments only</p> | <p>Developmental Checks At the Hyde</p> <p>9am – 12.00noon</p> <p>Appointments only (Barnet Health Team)</p> | <p>Antenatal Group At Bell Lane</p> <p>9.30am – 11.30am</p> | <p>Stay & Play At the Hyde</p> <p>9.30am – 11am <u>£1.00 per family</u></p> <p>Under 5's</p> | <p>Midwife services At the Hyde</p> <p>9am – 4.30pm</p> <p>Appointments only</p> |
| <p>Vitamin Collection</p> <p>At Bell Lane</p> <p>8.30am – 10.30am Bring your Healthy Start vouchers to collect vitamins from the centre</p> | <p>Stay & Play At Bell Lane 9.45am -11.15am</p> <p>Play session with messy play and singing for under fives Drop-in £1 per family</p> <p>Maximum 25 families</p> | <p>Sensory Baby At Bell Lane</p> <p>9.45am – 11am (Singing 10:15 – 10.45am)</p> <p>Drop-in 50p per family Weekly handouts and information on a range of topics including Vitamin collection and tummy time.</p> | <p>Sensory Rooms Available to book at Hyde For ½ slots £2.00 per ½ hour Hyde Tues 9-11.30 Thurs 11.00-3.00 Fri 9.30-2.30</p> | <p>Messy Play At Parkfield</p> <p>Walker's - 5's</p> <p>9.30am– 11.00am</p> <p><u>£1.00 per family</u></p> |
| <p>Parenting Programme</p> <p>At the Hyde Dates TBC 9.30-11.30 Invite Only Creche Available 23.09.19-14.10.19</p> | <p>Little Treasures At the Hyde 9.30am-11.30am Term time only Barnet Refugee Service</p> <p>Invitation Only Creche available</p> | <p>Adult Learning Money Matters At the Hyde</p> <p>18.09.19 – 16.10.19</p> <p>9.30-11.30 Invite Only Creche Available</p> | <p>ESOL At the Hyde 19.09.19 – 08.12.19 12.30-2.30 Invite Only Creche available call to book</p> | <p>BEAM Parent/Carer Programme</p> <p>At the Hyde Invitation Only Term Time Only 9am-11.30am</p> <p>18.9.19-8.11.19</p> |
| <p>Every Child a Talker At Parkfield 9.15am-10.45am Invite Only</p> <p>Speech based session Call outreach team at Parkfield for more information</p> | <p>Conversation Café 9.00-10.30 At Parkfield Sept – Dec Childs Hill Jan-April Claremont May-July</p> | <p>Family Fun Learning Day 23.10.19 For the Adult Learning Money Matters Student Group</p> | <p>Developmental checks At the Hyde 12noon -3.00pm Appointments only (Barnet Health Team)</p> | <p>Health Sessions Appointments only</p> <p>12.00 noon – 4pm</p> <p>Parkfield</p> |
| | <p>Childminder's Group At Parkfield 9.30 – 11am Term Time Only</p> | <p>Breast Feeding Support</p> <p>10.15 – 12.15</p> | | <p>Come along to our MACMILLAN Coffee Morning Parkfield CC 27 September 10.00-11.30 Please donate a cake by baking or buying.</p> |
| <p>Welfare Rights/Benefits Advise Drop-in At Parkfield CC 9.30am -12.00 noon 9th Sept – 23rd Sept 7th Oct - 21st Oct 4th Nov - 18th Nov 2nd and 16th Dec</p> | <p>Childs Hill Antenatal Clinic 12.00noon -4.00pm</p> | <p>Sensory Baby At Parkfield 11.15am —12.15pm <u>£1.00 per family</u></p> <p>Non-walkers only</p> | <p>ESOL Entry Level 1 9.15 – 11.15am</p> <p>12-week Course</p> <p>19 Sept – 21 Nov 2019 Enrolment day 9am-3.30pm 5th and 12th September</p> | <p>Playgroup New North London Synagogue 10 – 11.30am Term-time only</p> <p>£2.50 for 1 child £3.50 for 2 children</p> <p>80 East End Road N3 2SY</p> |
| | <p>Health Promotion Workshops At Childs Hill 12 noon – 4pm</p> | | | |

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| <p>Childs Hill Unity Midwives 9am-1.00pm</p> | <p>Coffee Afternoon Bell Lane 2 – 4pm An opportunity to talk about childcare, Free Early Education, employment support, volunteering opportunities, parenting concerns, healthy living, and more. Please book at Reception or ask for Catherine</p> | <p>Midwife Services At the Hyde 12.30pm -4.30pm Appointments Only</p> | <p>Childs Hill Antenatal Clinic 12.00 noon -4pm <hr/>Perinatal Mental Health At Childs Hill Appointment only 1.30pm – 3pm</p> | <p>Toddler Read & Rhyme Finchley Church End Library 10am -10.30am Term-Time only 318 Regents Park Rd, London N3 2LT</p> |
| <p>Music and Sparkles Drop-in At Bell Lane 11am-12noon £2 per child/£3 per family For under fives</p> | <p>Speech & Language Advice – in Stay & Play Drop-in with the Speech & Language Therapy Assistant 10th 24th September & 22nd October 2019</p> | <p>Developmental Checks At Parkfield Quiet Room 1.30pm -4pm Appointments only (Barnet Health Team)</p> | <p>Time to talk An opportunity to talk about childcare. Free early education for 2&3 yr olds, return to work support and volunteering At Bell Lane 2pm-4pm Book at Reception</p> | <p>Sensory Room Available to book at Parkfield For ½ hour slots £2.00 per ½ hour Tuesday 1.30-3.00 Friday 12.30-1.30 U 5's</p> |
| <p>Developmental Checks 10am-12pm 2nd and 4th Monday of the month Appointment only Term time Call 02082090333</p> | <p>Unity Antenatal Clinic At Parkfield 10am-4pm Contact Fatmatu on 07919990347 Appointments only</p> | <p>Developmental Reviews Health Visitor Service At Bell Lane 1.00pm-4.00pm Appointments only</p> | <p>Health Promotion Workshop Childs Hill 12 noon-4pm</p> | <p>Sensory Room Available on Tues am and Wed pm At the Hyde Call to book your session £2 per 30min. For children Under 5's</p> |
| <p>Health Promotion Workshops At the Hyde Children's Centre 1.00-2.30pm 23.9.19 30.9.19 7.10.19 14.10.19</p> | <p>Parent Education Workshop At Parkfield 12.30-2.30pm 1st, 2nd and 3rd Tuesday Invitation Only</p> | <p>Healthy Life Style Session (Simple Cooking and Physical Activities) At Parkfield 6 WEEK COURSE Invite Only 1.30-3.00pm £1.00 per family per week Ages between 2-4 yrs only Starting 25th September</p> | <p><u>SWEET</u> <u>Supporting Women into Employment, Enterprise and Training</u> Coming Soon Are you interested in help to create a CV? presentation skills first aid food hygiene Interview techniques And more Free crèche available At Bell Lane Please register your interest at reception</p> | <p>Information and Advice Surgeries Services include: Welfare Rights Advice Speech and Language sessions Counselling services –by referral Employment support Vitamin Vouchers Food Bank Vouchers</p> |
| | <p>Sensory Room Available to book at Parkfield For ½ hour slots £2.00 per ½ hour slot Tuesday 1.30-3.00 Friday 12.30-1.30</p> | <p>One to One feeding advice by appointment At Bell Lane 2pm-4pm Please book at reception</p> | <p>Well Being Workshops Coming Soon At Bell Lane -Good parenting -Discipline - Good parenting -Resilience -Good parenting -Mindfulness -Mindfulness for parents Please register your interest at reception</p> | |
| | <p><u>ESOL Entry Level 1/2</u> 9.30 – 12pm 12-week Course 17 September – 11 December 2019 Cheshire Hall London NW4 2AS</p> | <p>Homelessness Prevention Surgery At Parkfield For families in private accommodation at risk of eviction 2pm-4.30pm By referral only</p> | <p><u>Stay and Play</u> Salvation Army Two sessions 9.30 -10.45am And 11am -12.15pm £1 per child Term-time only Play session for all under- fives. Snack time included. 5 Brampton Grove NW4 4AE Tel: 020 8202 8343</p> | |

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| | <p>Sparkles Hendon Baptist Church 10 - 12pm Term-time only £2 per child Play session for all under-fives. Snack time included.</p> <p>Starting 10 September 2019</p> <p>For more information speak to Lindsay at the Hendon Baptist Church. Tel: 0208 203 4041</p> <p>Finchley Lane, Hendon NW4 1DJ</p> | <p>Toddler Rhyme Time Hendon Library 2.15 - 2.45pm Term-Time only</p> <p>The Burroughs, London NW4 4BQ</p> | <p>Speech & Language Advice – at the Salvation Army Stay and Play Drop-in with the Speech & Language Therapy Assistant</p> <p>10 October 2019</p> | |
| | | <p>Play and Learn At the Hyde Session Drop in 18 months – 5 yrs 1.30-2.30</p> | | |

South Locality Hub Children's Centres

Bell Lane Children's Centre:

Bell Lane, Hendon NW4 2AS
020 8203 3115

The Hyde Children's Centre:

Hyde Crescent, Colindale, NW9 7EY
Tel: 020 8200-2959 info.hydecc@barnet.gov.uk

Parkfield Children's Centre:

44 Park Road, Hendon NW4 3PS
Tel: 020 8359 3590 info.parkfieldcc@barnet.gov.uk

Child's Hill Children's Centre:

Greenfield Gardens NW2 1HT
Tel: 020 8450 2141
ChildsHill.ChildrenCentre@barnet.gov.uk

For further information please go to www.barnet.gov.uk

Stay and Play sessions across the locality are also available for all families to attend. Please speak to your local Children's Centre for more details.

Charging Policy

To support maintaining the excellent services provided at the Children's Centre, we charge for some groups. Money collected will be contributing to the delivery of services at the Children's Centre.

Please speak to a member of staff in the strictness of confidence if you are unable to pay.

0-19 Hub Service is now open on a Tuesday until 7pm at Parkfield

We are able to provide advice and guidance in a variety of ways. The experienced hub practitioners can visit you at home, provide telephone contact and or arrange meetings at the centre. Specialist support includes Family Support Youth Support and Youth activities 0-19 behaviour management, housing, benefits, breast feeding, weaning, sleep routines, toileting and healthy lifestyles. Referrals to external services are available.

Please go to www.barnet.gov.uk for further information on each children centre.