

# Child and Family Early Help

**Autumn Term 04.09.23 – 22.12.23**

Referrals for CODA and parenting programmes must be submitted by 18<sup>th</sup> August 2023.



## **Parenting Programme (4 Weeks)**

Dates: 18th September - 9th October  
Time: 11.30am - 1.30pm  
Venue: Parkfield Children's Centre  
NW4 3PS



## **CODA Women's group**

Date: 19th September – 12th December  
Time: 11.15am - 1.15pm  
Venue: The Hyde Children's Centre  
NW9 7EY

Crèche Available

## **Girls Group (Age: 13-17yrs old)**

Dates: 26th September 2023 (Term  
time Only)  
Time: 4 – 6pm  
Venue: Barnet and Southgate college  
(1st Floor - Early Help) NW9 4BR



## **Family Links Teens (6 weeks)**

Date: 13th September - 20th October  
Time: 9.30 - 11.30am  
Venue: Newstead Childrens Centre  
N2 8LG

## **CODA Children's Group**

Date: 20th September – 13th December  
Time: 4 - 6pm  
Venue: Newstead Children's Centre  
N2 8LG



## **Incredible Years (12 weeks)**

Date: 14th September - 7th December  
Time: 12.30 - 2.00pm  
Venue: Green Tops NW9 5WR

## **Girls Group (Age 13-15yrs old)**

Date: 21st September 2023  
Time: 3.30 - 5.15pm  
Venue: Finchley Youth Theatre  
N2 9ED



# Child and Family Early Help

## East/Central Locality Hub

Covers the postcodes: N2, parts of N3, parts of N10, N11, N12 parts of N14, EN4 and EN5.

### Main Hub office:

Newstead Children's Centre,  
1 Fallows Close (off Tarling Road), Finchley, N2 8LG

Telephone: 020 8359 3460

## West Locality Hub

Covers the postcodes: HA8, part of NW7, part of NW9

### Main Hub office:

Barnet and Southgate College, Colindale, 7 Bristol Avenue  
(formerly Lanacre Avenue) London NW9 4BR

Telephone: 020 8359 3510

## South Locality Hub

Covers the postcodes: part of NW2, NW3, part of NW4, part of NW11, part of NW9, part of N3 and part of N2.

### Main Hub office:

Parkfield Children's Centre, 44 Park Road, Hendon, NW4 3PS

Telephone: 020 8359 3590



For more information about  
Child and Family Early Help:  
[www.barnet.gov.uk/earlyhelp](http://www.barnet.gov.uk/earlyhelp)



Working in Partnership delivering groups and 1-1 support with:

- BROOK** - Supporting young people to be safe and develop healthy relationships.
- Change Grow Live** - Supporting young people and adults with Drug and Alcohol misuse.
- Barnet Integrated Clinical Services** - Supporting young people and their families with mild to moderate Mental Health needs.
- Strengthening Learning Through Horses** - Supporting families and children offering mental health and Education services
- Home Start** - Supporting families through challenging times.
- Your Family Matters** – offering mediation services to families
- MENCAP** – Supporting families with children with Special Educational Needs