

HAVING A BLOOD TEST



A blood test is when a doctor or nurse takes a sample of your blood to test if your body is healthy.

The person who is taking your blood test will talk to you and tell you what they are going to do.



A blood sample is normally taken from your arm.

The doctor or nurse will clean your arm with a wet wipe.

They may use a special cream so you do not feel anything.



A tight band will be put around your arm to make it easier to collect your blood.

The doctor or nurse will tell you that you will feel a sharp prick



This is before they put the needle into a vein in your arm.
It will only take a few seconds to collect your blood.



When the doctor or nurse takes the needle out of your arm:

They will put some cotton wool on your arm and press hard to stop any bleeding.

A plaster will be put on the cotton wool to keep it in place.



Your blood will be sent to a laboratory to be tested.

They will send the blood test results to your GP.